



# GUANACASTE TOURS

Nearly every activity is possible from [Guanacaste](#) in the north-west region of Costa Rica. Coastal exploration and water sports of every sort are available along the area's long and varied stretch of beaches. An array of national parks and waterfalls can be found within its borders. Monteverde Cloud Forest, Arenal Volcano and its beloved natural hot springs are only a day tour away.

Within this region is the popular beach town of [Tamarindo](#), a hot spot for surfers, along with other local fishing villages and privileged boutique resorts.



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## Morning or Sunset Catamaran Sail & Snorkel

The tour starts aboard a luxury catamaran in the Flamingo Marina area. The crew will set the sail (depending on the wind) and navigate for about 5 miles to some of the most beautiful isolated beaches and snorkel locations of Costa Rica. A snorkeling guide will show you marine wildlife such as sea turtles, dolphins, and whales (in season) pufferfish, and more. You can also experience kayaking and fishing. Stop in a tranquil bay and drop anchor. Snorkel, kayak, and explore a deserted white sand beach while the chef prepares a delicious buffet lunch and you enjoy the most beautiful natural scenery.

**Minimum Age:** 6

**Passenger Minimum:** 8

**Duration:** half day, departs in the morning or afternoon

**Difficulty:** easy

**Includes:** transfers, guide, equipment, lunch, select beverages

**What to Bring:** light clothing, light jacket or sweater, sunscreen, swimsuit, towel, hat or bandana

**Tour Type:** active, nature



**PRICE: \$89.00 PER PERSON**

**PRIVATE TOUR: \$1,770.00 UP TO 20 PASSENGERS**

## Snorkeling Tour of Catalina Islands

Head out by boat to the Catalina Islands, a group of volcanic rock formations in the Pacific Ocean. Your snorkeling adventure includes 2 sessions of snorkeling at 2 different locations, allowing you to see the variety of underwater marine life that can be found here. You might spot seahorses, turtles, angelfish, octopus, moray eels, eagle rays, and white tip reef sharks. You can float along with your guide with a life jacket, snorkel noodle, or without any swim aids if you are a skilled swimmer and would like to free dive down and get a closer experience.

*\*Additional fees may apply for pickups outside of Tamarindo or Playa Conchal.*

**Duration:** half-day, departs in the morning and returns in time for lunch

**Passenger Minimum:** 2

**Difficulty:** moderate

**Includes:** transfers, guide, equipment, snack

**What to Bring:** towel, sunscreen, hat, swimsuit

**Notes:** operates Monday- Saturday, not available from Papagayo

**Tour Type:** active, nature



**PRICE: \$80.00 PER PERSON**

## Diving Tour of Catalina Islands

Start the boat ride with briefings from your guides regarding the boat and dive safety and procedures. Keep your eyes open for signs of dolphins, whales (in season), mating turtles (in season) and the amazing jumping rays. Your guides will choose 2 dive sites, weather & daily conditions depending, to perform 60ft max dives (40ft if certification is restricted) exploring the Catalina Islands in the Pacific Ocean, one of the best places to dive in Costa Rica. With the possibility of seeing white tip reef sharks, Spotted eagle rays, Giant Manta Rays, and more. The variety of life in this ocean is astounding and never boring as it changes so much during the year. A refresher course can be undertaken before the boat leaves for those who have not been diving in a long time or who do not have much experience.

*\*Additional fees may apply for pickups outside of Tamarindo or Playa Conchal*

**Minimum Age:** 10

**Passenger Minimum:** 2

**Notes:** requires SCUBA certification, 2 tank dive

**Duration:** half day

**Difficulty:** moderate

**Includes:** transfers, guide, equipment, snack

**What to Bring:** towel, sunscreen, hat, swimwear

**Tour Type:** adventure, active, nature



**PRICE: \$135.00 PER PERSON**

## Horseback Riding Playa Conchal

This 2-hour horseback ride through the trails, hills, and beaches near Playa Conchal is a natural adventure for travelers of all types. The tour begins with a brief instruction on the basics of riding, then you're off on horseback through a small village and onto easy mountain trails. You may spot a variety of wildlife before the trail suddenly brings you to the ocean. Ride along the beach for a while before ending the tour with a typical Costa Rican snack at a local home.

**Minimum Age:** 7

**Passenger Minimum:** 2

**Duration:** half-day, departs in the morning and returns in time for lunch

**Difficulty:** easy/moderate

**Includes:** transfers, guide, entrance

**What to Bring:** sunscreen, hat, comfortable clothes, secure shoes

**Tour Type:** active



**PRICE: \$94.00 PER PERSON**

**PRIVATE: \$160.00 PER PERSON**

## Buena Vista Mega Adventure Combo

Transfer by ground about 1 – 1.5 hours to the Buena Vista adventure park. This full day tour includes a canopy zip-line, hot springs, a thrilling waterslide, and horseback riding. Glide through the air on a canopy zipline beneath Rincon de la Vieja Volcano before sliding down a 400-meter water slide. A delicious lunch will energize you for an afternoon of riding horses and visiting a natural spa, where you can relax in the volcanic mud and thermal pools.

**Minimum Age:** 7

**Passenger Minimum:** 2

**Duration:** full day, departs in the morning and returns late afternoon

**Difficulty:** moderate

**Includes:** transfers, guide, entrance, lunch

**What to Bring:** swimwear, towel, light clothing, secure shoes, sunscreen, hat

**Tour Type:** adventure, active



**PRICE: \$179.00 PER PERSON**

**PRIVATE TOUR: \$304.00 PER PERSON**

## Rincon de la Vieja Waterfalls Hike

Transfer by ground about 1 – 1.5 hours to the Rincon de la Vieja area. Start your adventure with a scenic hike to impressive Victoria Waterfall, which drops dramatically 35 meters to the Rio Negro. The surrounding canyon has unique vegetation, and you can swim in the crystal-clear waters at the base of the waterfall. As you walk through the forest, you'll enjoy great views of the volcano. More than 300 species of birds live in the park, along with armadillos, iguanas, coatis, and monkeys. Explore stunning waterfalls like Las Chorreras, La Oropéndola Rio Negro Waterfall, which is born from a source of thermal water.

**Minimum Age:** 7

**Passenger Minimum:** 2

**Duration:** full day, departs in the morning and returns after lunch

**Difficulty:** moderate

**Includes:** transportation, guide, entrance, lunch

**What to Bring:** light clothing, secure hiking shoes or sneakers, swimwear, towel, sunscreen, hat

**Tour Type:** active, nature



**PRICE: \$135.00 PER PERSON**

**PRIVATE TOUR: \$228.00 PER PERSON**

## Rincon de la Vieja National Park Hike

This morning, transfer about 1.5 hours to the Rincon de la Vieja area. Hiking through Rincon de la Vieja National Park is a great experience for the entire family. The trails bring you close to residual volcanic activity such as boiling mud pools and fumaroles. You will have the opportunity to explore craters and see the sulfur springs and steam vents that are abundant at Las Pilas. Enjoy a wide variety of wildlife and exotic flora. After your hike, stop in Liberia City for lunch before returning to your hotel.



**Minimum Age:** 7

**Passenger Minimum:** 2

**Duration:** full day, departs in the morning and returns after lunch

**Difficulty:** moderate

**Includes:** transportation, guide, entrance, lunch

**What to Bring:** light clothing, secure hiking shoes or sneakers, swimwear, towel, sunscreen, hat

**Tour Type:** active, nature

**PRICE: \$110.00 PER PERSON**

**PRIVATE TOUR: \$187.00 PER PERSON**

## Palo Verde National Park & Guaitil Pottery

### Tour:

The Palo Verde National Park is one of Costa Rica's important wetland ecosystems. The wetlands of Palo Verde are a great destination for wildlife and bird watching. As you explore the park with your guide by boat, keep an eye out for crocodiles, roseate spoonbills, and other local animals. After a tasty lunch, you'll head to the artisan village of Guaitil, to observe artists and the crafts that represent Costa Rica's Pre-Columbian heritage.



**Duration:** full day, departs in the morning and returns after lunch

**Passenger Minimum:** 2

**Difficulty:** easy/moderate

**Includes:** transportation, entrance, guide, lunch

**What to Bring:** sunscreen, comfortable clothes and shoes, sunglasses, hat, spending money

**Tour Type:** cultural, family, nature

**PRICE: \$110.00 PER PERSON**

**PRIVATE TOUR: \$187.00 PER PERSON**

## Canopy Zip--line on Dry Forest:

What better way to enjoy the tropical dry forest of Guanacaste than gliding through it? Feel like the birds do when they fly over this beautiful environment, or like the monkeys when they swing off tree branches. Several cables will take you through the trees, from platform to platform, so you can enjoy the forest from a different perspective.



**\$85/ADULT**  
**\$60/CHILD UNDER 12**

**Minimum Age:** 5

**Passenger Minimum:** 2

**Duration:** 3 hours

**Difficulty:** moderate

**Includes:** transfers, guide, entrance

**What to Bring:** camera, sunscreen, comfortable clothes, secure sandals (no flip flops) or running shoes

**Tour Type:** adventure

## Class II – III Whitewater Rafting

Transfer 1 – 1.5 hours inland for a day of whitewater rafting. Beautiful wildlife and exuberant vegetation serve as the backdrop while you paddle across these exciting rapids! You'll receive gear and a safety briefing before paddling out. Experienced rafters and beginners alike are guaranteed to enjoy the river and amazing nature that you can spot along the way. You'll finish your adventure with a delicious lunch before heading back to your Guanacaste area hotel.



**PRICE: \$130.00 PER PERSON**

**PRIVATE TOUR: \$222.00 PER PERSON**

**Minimum Age:** 8

**Passenger Minimum:** 2

**Duration:** full day, departs in the morning and returns late afternoon

**Difficulty:** moderate

**Includes:** guide, transportation, equipment, and lunch

**What to Bring:** towel, secure rubber-soled shoes, comfortable clothing, sunscreen, change of clothes

**Tour Type:** adventure, active

## Guanacaste Horseback Riding:

One of the best ways to experience the tropical dry forest of Guanacaste is on horseback. The perfectly gentle and safe horses will carry you for two and a half hours of riding, crossing a variety of forest and mountain trails as well as mountain foothills. This is a great opportunity to see wildlife.



**\$100/PER PERSON**

**Minimum Age:** 7

**Passenger Minimum:** 2

**Duration:** half day

**Difficulty:** easy to moderate

**Includes:** transfers, guide, equipment, snack

**Tour Type:** active, adventure

## Liberia City & Shopping Tour

Explore Liberia City, historically known as “La Ciudad Blanca” or the white city for the white dirt roads, white adobe homes, and the people who avoided the extreme heat by wearing all white. Walk through the city and discover its history from your knowledgeable guide. You’ll have the opportunity to stop at the various gift and souvenir shops as you explore.



**\$86/PER PERSON**

**Duration:** half day

**Passenger Minimum:** 2

**Difficulty:** easy

**Includes:** transfers and guide

**What to Bring:** hiking or running shoes, sun hat, camera, spending money

**Tour Type:** cultural, family

## Diamante Eco Adventure & Animal Sanctuary

Transfer by ground to Diamante Eco Adventure Park & Animal Sanctuary, which features family-friendly excursions like a zip-line, Tarzan Swing, Kayaking, Stand-up Paddle Boarding, Snorkeling, Hiking Trails, and Mountain Biking. The animals that inhabit the sanctuary include toucans, jaguars, pumas, sloths, monkeys, and a variety of frogs and birds.

*\*Prices vary based on pickup location. Please specify the name and location of the hotel where you are staying at the time of booking.*

**Duration:** full day, departs in the morning and returns after lunch

**Passenger Minimum:** 2

**Difficulty:** easy

**Includes:** transfers, guide, entrance, lunch

**Tour Type:** adventure, nature



**PRICE:** \$

**PRIVATE TOUR:**

## Monteverde Cloud Forest Experience

Transfer 2.5 - 3 hours to Monteverde for this full day tour. Once you arrive, you will experience the Sky Tram & Trek Zip-lining tour. Start with a ride on the Tram cableway. The Sky Tram ends at a platform where the zip line adventure begins. This is one of the most extensive canopy tours in the country. After a very active morning, you will enjoy a typical Costa Rican lunch at the Don Juan Coffee Farm, before touring the property with your guide. This tour gives you a glimpse into the world of coffee, chocolate, and sugarcane production in Costa Rica. After the tour, you will transfer by ground back to your Guanacaste area hotel.

**Duration:** full day, departs early in the morning and returns after dinner

**Passenger Minimum:** 4

**Difficulty:** moderate

**Includes:** guide, transportation, entrance fees, lunch, dinner

**What to Bring:** hiking or running shoes, sunscreen, poncho, sweater or jacket, hat

**Tour Type:** active, adventure



**PRICE:** \$219.00 PER PERSON

**PRIVATE TOUR:** \$372.00 PER PERSON

## Surf Lessons at Tamarindo Beach

Your tour begins with a trip to world-famous Tamarindo Beach, the perfect spot for beginners and experts alike. Your surf guides will give you some pre-surfing instruction on how to paddle and stand up on your board. Then, you'll head out onto the water and test your skills!

**Minimum Age:** 8

**Passenger Minimum:** 2

**Duration:** half day (pickup times depend on tides)

**Difficulty:** moderate

**Includes:** transportation, equipment, guide

**What to Bring:** sandals or water shoes, light tee shirt or rash guard, waterproof sunscreen, swimsuit, towel, water

**Tour Type:** adventure, active



**\$102.00 PER PERSON**

**PRIVATE TOUR: \$175 PER PERSON**

## Rio Celeste Rainforest Hike

Transfer 1.5 hours to Tenorio Volcano National Park, where you will begin a challenging hike through the rainforest on paved pathways. Discover the abundance of flora and fauna that inhabit the park on the way to Rio Celeste Waterfall. Your naturalist guide will point out the wonders of the forest and explain the science behind Rio Celeste's brilliant blue color. The Rio Celeste River is one of the most wonderful places to observe the flora and fauna of Costa Rica and among the best hikes in the country. After the hike, enjoy a delicious lunch and head back to your hotel by ground.

**Minimum Age:** 8

**Passenger Minimum:** 4

**Duration:** full day

**Difficulty:** moderate/difficult

**Includes:** transfers, entrance fees, guide, lunch

**What to Bring:** comfortable clothes, closed-toe hiking shoes or sneakers, sunscreen, hat

**Tour Type:** active, nature



**\$132.00 PER PERSON**

**PRIVATE TOUR: \$223.00 PER PERSON**

## Barra Honda Caves Tour

The main attraction of Barra Honda National Park is an intricate system of limestone caverns. Barra Honda consists mostly of a 60-million-year-old coral reef. It looms 300 meters above Tempisque Valley at a height of 450 meters. A constant drip of rainwater on the calcium carbonate has created this underground ecosystem. Within the park, be on the lookout for the unique wildlife that inhabit it such as agoutis, anteaters, monkeys, and coatis.

**Minimum Age:** 10

**Passenger Minimum:** 2

**Duration:** full day

**Difficulty:** difficult

**Includes:** guide, entrance, transportation, equipment, and lunch

**What to Bring:** camera, hiking or running shoes

**Notes:** recommended for those in good physical shape

**Tour Type:** active, nature



**\$182/PER PERSON**

## Borinquen Adventure Day (canopy zip-lining, horseback riding, and hot springs)

Enjoy an exciting horseback ride up the mountain and through the Guanacaste plains with beautiful views of the pacific coast and Rincón de la Vieja Volcano. After horseback riding, you will get to fly over the treetops, zipping across the canyon and in front of the breathtaking Borinquen Waterfall. Then, recover your energy over a delicious lunch before relaxing in thermal hot springs.

**Minimum Age:** 6

**Passenger Minimum:** 2

**Duration:** half day

**Difficulty:** easy to moderate

**Includes:** transfers, guide, equipment, snack

**Tour Type:** active, adventure



**\$176/PERSON**

## **Rio Perdido Adventure Day (hiking, zip-lining, canyoning, & hot springs)**

Early this morning you'll take a 2-hour scenic drive to the Bagaces area. Arrive at Rio Perdido and begin your adventure with a nature hike! Visitors will have the opportunity to swim in different parts of the river along the way. After a visit to the springs, a delicious lunch awaits you at the restaurant. While you enjoy your meal, you'll find thermal pools with a private swim-up bar, hanging bridge, and a panoramic view of the dry-forest and volcanic range.

Rio Blanco Canyon is the setting of your next adventure, a zip-line, and canyoning excursion. The course includes 15 platforms (6 of them are rock-based, 9 suspended on the canyon walls), a pendulum cable, a 50ft "Tarzan swing," a 90ft challenge bridge, 4 via ferrates with lengths varying from 15 to over 30ft, 5 zip lines with lengths varying from 260 to over 800ft, and water station in the middle of the circuit.

**Minimum Age:** 10

**Passenger Minimum:** 2

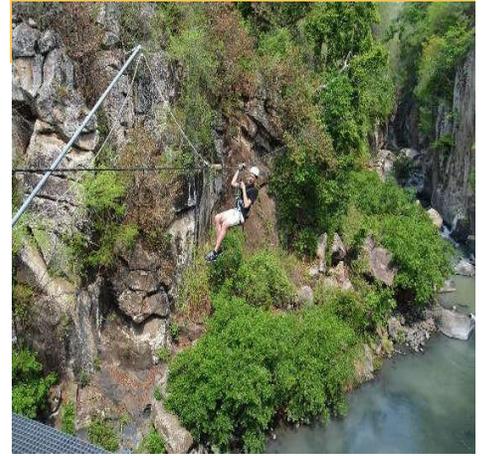
**Duration:** full day, departs in the morning and returns late afternoon

**Difficulty:** moderate/difficult

**Includes:** guide, entrance, transportation, equipment, lunch

**What to Bring:** secure shoes, light clothing, sunscreen, swimwear, towel

**Tour Type:** adventure, active



**PRICE: \$182.00 PER PERSON**

**PRIVATE TOUR: \$310.00 PER PERSON**