



CENTRAL PACIFIC TOURS

Jacó and the surrounding Central Pacific Coast of Costa Rica is peppered with spectacular national parks and beaches, offering a breadth of coastal experiences and wildlife viewing opportunities.

A mountainous shoreline with strips of sandy beaches overlooking a sparkling expanse of blue are characteristics of the Central Pacific coast. The region is home to the popular surf town of Jacó, Playa Herradura, Carara Biological Reserve, and the Tarcoles River.

*Many hotels lie outside of the Central Jaco area. **Additional pickup fees may apply** depending on your location.*



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Carara National Park Tour

This protected area is relatively small in size but is home to approximately 48% of Costa Rica's avian species. The importance of Carara stems from its location in a transition area between the tropical dry forest region to the north and the more humid Pacific Rainforest to the South. Carara has flora and fauna from both ecosystems and the virgin forest that covers most of the park is the ideal environment for such rare wildlife as the Scarlet Macaw, the Collared Aracari, and monkeys.



Minimum Age: 6

Passenger Minimum: 2

Duration: 4 hours

Difficulty: easy

Includes: transfers, guide, entrance, lunch

What to Bring: closed-toe hiking shoes or sneakers, light comfortable clothing, light rain jacket or poncho (rainy season), sunscreen, hat or bandana, bug spray

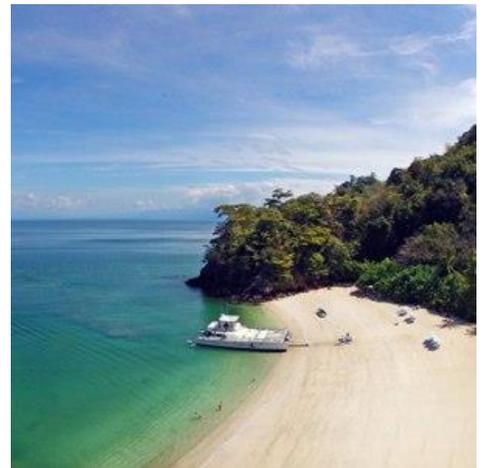
Tour Type: nature, active

PRICE: \$91.00 PER PERSON

PRIVATE TOUR: 155.00 PER PERSON

Tortuga Island Catamaran Cruise

Early this morning you will transfer by ground to Puntarenas. Enjoy a snack-type breakfast en route before boarding a catamaran for a cruise through the Gulf of Nicoya to Tortuga Island. Just 12 nautical miles from Puntarenas, Isla Tortuga is a sanctuary of white sand beaches and turquoise waters, home tropical birds, and flora typical of the Costa Rican Central Pacific area. Spend the day swimming, snorkeling, or just relaxing under the shade of palm trees on this beautiful island. A tropical lunch will be served on the island.



Minimum Age: 5

Passenger Minimum: 25

Duration: full day, departs early in the morning and returns late afternoon

Difficulty: easy

Includes: transfers, guide, snacks, select beverages and one meal

What to Bring: light comfortable clothing, light jacket or sweater, sunscreen, hat or bandana, bug spray, swimsuit, towel

Tour Type: active

PRICE: \$165.00 PER PERSON

Horseback Riding with Ocean Views & Waterfalls

After your equipment and safety instructions, depart on your horseback journey to the waterfalls. Along the way you will see farms and get a closer look at nature as you ascend through the rainforest. You may be able to spot toucans, Scarlet Macaws, and White-faced capuchin monkeys. Upon arrival to the swimming area, your guide will set you up with fresh fruit and water, and you will have time to relax and enjoy the waterfalls.

Minimum Age: 7

Maximum Weight: 230 lbs.

Duration: half-day, departs in the morning and returns in time for lunch

Passenger Minimum: 4

Difficulty: moderate

Includes: transfers, guide, equipment, snack

What to Bring: secure sandals or sneakers, light comfortable clothing, light rain jacket or poncho (rainy season), sunscreen, hat or bandana, swimsuit, towel

Tour Type: active, nature



PRICE: \$90.00 PER PERSON

PRIVATE TOUR: \$180.00 PER PERSON

Los Suenos Canopy Zip-line Tour

This canopy zip-line tour is designed not only as an adrenaline adventure, but a way to enjoy nature without harming the environment. You'll take a quick ride to the top of the mountain on a special 40-passenger tractor, and then descend to the bottom via a series of zip lines with 15 platforms and 14 cables, and total cable distance of 3.5 kilometers!

Minimum Age: 5 years

Maximum weight: 275 lbs.

Duration: half-day, departs in the morning and returns in time for lunch

Difficulty: moderate

Includes: transfers, guide, equipment, entrance

What to Bring: comfortable clothes, secure shoes, sunscreen

Tour Type: adventure, active



PRICE: \$100.00 PER PERSON

Jungle River & Crocodile Adventure

Explore the Tárcoles River for a chance to get up close and personal with some of its famous croc residents and other local wildlife! Your guide will identify mammals, birds, and reptiles that flourish in this mangrove system. From October through April, you might also spot seasonal migratory birds like ospreys, terns, cormorants, and frigates.



Duration: half-day, departs in the morning and returns in time for lunch

Difficulty: easy

Includes: guide, transfers, and entrance

What to Bring: comfortable clothes, sunscreen, hat, or bandana

Tour Type: nature

PRICE: \$72.00 PER PERSON

PRIVATE TOUR: \$122.00 PER PERSON

Manuel Antonio National Park Hike (closed Mondays)

Early this morning, transfer by ground 1 – 1.5 hours to Manuel Antonio, where your naturalist guide will lead you on an informative hike through beautiful Manuel Antonio National Park. Though the main attractions of this park are its two beaches, it also protects coastal rainforest, a mangrove swamp, coral formations, and 12 islands that serve as seabird sanctuaries. The resident fauna includes 109 mammal species, with 3 species of monkeys, agouti, coatimundi, sloths, and 184 species of bird. After the tour, enjoy lunch before returning to your hotel.



Minimum Age: 5

Duration: Full day, departs in the morning and returns after lunch

Difficulty: easy/moderate

Includes: transfers, guide, entrance, lunch

What to Bring: light comfortable clothing, light rain jacket or poncho (rainy season), sunscreen, hat or bandana, bug spray

Tour Type: active, nature

PRICE: \$103.00 PER PERSON

PRIVATE TOUR: \$175.00

Savegre River Whitewater Rafting: Class II-III

Early in the morning, you'll transfer about 1.5 hours to the river put-in for paddling instruction and safety briefing. Your experienced guide will instruct you as you paddle down the thrilling rapids of Savegre. Once you reach the end of the river you will be able to take a closer look at your surroundings and admire the colorful flora and fauna of this rainforest river environment. Your guide will lead you to a stunning waterfall where you can stop for snacks and take a refreshing swim. After lunch, you will return you to your hotel by ground.

Minimum Age: 10

Duration: Full day, departs early in the morning and returns late afternoon

Difficulty: moderate

Includes: transfer, guide, equipment, lunch

What to Bring: secure rubber-soled shoes, light clothing you can get wet in, swimsuit, change of clothes & shoes, towel, hat or bandana, sunscreen

Tour Type: adventure, active



PRICE: \$125.00 PER PERSON

Villa Lapas Skyway Tour

The Villa Lapas natural reserve borders Carara National Park, making it an exciting way to explore the nature of Central Pacific Costa Rica. The Sky Way includes 5 hanging bridges, each measuring 100m in length, suspended 60m off the ground. Throughout the hike, you will see primary and secondary rainforest vegetation. Keep an eye out for tropical bird species, a high concentration of which reside in neighboring Carara. You may also spot mammals and reptiles while you explore the reserve.

Minimum Age: 6

Duration: Half-day, departs early in the morning, and returns late afternoon

Difficulty: easy

Includes: transfer, guide, entrance

What to Bring: closed-toe hiking shoes or sneakers, light comfortable clothing, light rain jacket or poncho (rainy season), sunscreen, hat or bandana, bug spray

Tour Type: adventure, active



PRICE: \$103.00 PER PERSON

PRIVATE TOUR: \$175.00 PER PERSON